

My School Menu

Spring/Summer 2025



Week 1

Week commencing

21 April, 12 May,
2 June, 23 June,
14 July,
1 Sept, 22 Sept,
13 October

Beef burger

Wednesdays

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Vegetarian roll Soya Milk Gluten with baked beans, jacket wedges & sweetcorn	BBQ cheesy chicken Milk OR Quorn Milk Egg with roasted new potatoes, broccoli & carrots	Beef burger Egg Sesame Gluten Sulphur Dioxide OR Southern fried Quorn burger Milk Egg Sesame Gluten with oven chips, baked beans & peas	Yorkshire pudding wrap Milk Egg Gluten filled with roast meat of the day OR Quorn Milk Egg roast potatoes, seasonal vegetables & gravy	Breaded fish Fish Gluten OR Fishless finger Gluten with potato balls, sweetcorn & peas
Option 2	Cheesy tomato pasta Mustard Soya Gluten Milk with garlic bread Gluten Soya Milk & vegetable sticks	Cheesy tomato pizza muffin Gluten Milk Soya Sesame with potato balls & sweetcorn	BEEF BURGER WEDNESDAY'S THEME DAY (AS ABOVE)	Glamorgan sausage (veggie) Mustard Milk Gluten with roasted new potatoes, seasonal vegetables & gravy	Veggie burrito Soya Gluten with cheese Milk, tomato salsa Sesame & rice
3	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg & garden salad				
Pudding	Honey & oat cookie Gluten	Chocolate muffin Egg Gluten	Ice cream tub Milk	Cornflake tart Gluten Sulphur Dioxide with custard Milk	Chocolate brownie Gluten



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Taco

Tuesdays

Week 2

Week commencing

28 April, 19 May,

9 June, 30 June,

21 July, 8 Sept,

29th Sept

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork meatballs Egg Gluten OR Veggie meatballs Soya in a tomato sauce with pasta shape of the day Gluten Soya Mustard peas & sweetcorn	Chicken taco Gluten OR Quorn taco Gluten Egg with BBQ sauce OR tomato salsa Sesame jewelled rice, carrot & cucumber sticks	Bangers & mash Gluten Sulphur Dioxide OR Plant based sausage Soya Sulphur Dioxide with seasonal vegetables & gravy 	Roasted gammon with jacket wedges, roasted summery vegetables & gravy	Fish finger cob Fish Gluten Sesame OR Fishless finger cob Gluten Sesame with oven chips, baked beans & peas
Option 2	Quorn dipper Gluten wrap Gluten with mayonnaise Egg & vegetable sticks	TACO TUESDAY THEME DAY (AS ABOVE)	Vegetable chilli with nachos & rice	Plant based sausages Soya Sulphur Dioxide jacket wedges, broccoli, carrots & gravy	Fishless fingers Gluten with oven chips, baked beans & peas
3	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg & garden salad				
Pudding	Gingerbread cookies Gluten	Pancakes Gluten Milk Egg & honey	Butterscotch shortcake Milk Gluten	Cherry iced bun Gluten Egg Milk Soya	Strawberry fairy cake Egg Gluten



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Week 3

Week commencing

5 May, 26 May,

16 June, 7 July,

28 July, 15 Sept,

6 October

Fakeaway

Fridays

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margherita pizza Soya Gluten Milk with potato balls & sweetcorn	Beef Bolognese Mustard Soya Gluten OR Quorn Bolognese Mustard Soya Gluten Egg with garlic bread, Gluten Milk Soya carrot & cucumber sticks	Chicken enchiladas Milk Gluten OR Quorn enchiladas Milk Gluten Egg with rice & tomato salsa Sesame	Roast meat of the day filled cob Gluten Sesame (pork or gammon) OR Quorn Egg Milk with jacket wedges & seasonal vegetables	Hot Dog Gluten Sesame Sulphur dioxide OR Plant based sausage Soya Sulphur dioxide Gluten Sesame with tomato ketchup, peas & french fries
Option 2	Cheese & tomato panini Milk Gluten with vegetable sticks	Pesto pasta with melted cheese, Mustard Soya Milk Gluten garlic bread, Gluten Soya Milk pepper & cucumber sticks	Filled cob Gluten Sesame with choice of: tuna mayonnaise Fish Egg, ham or cheese Milk with vegetable sticks & raisins & sultanas snack pack	Mac 'n' Cheese Milk Gluten Mustard Soya with garlic bread Gluten Milk Soya	FAKEAWAY FRIDAY'S THEME DAY AS ABOVE
3	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg & garden salad				
Pudding	Golden syrup flapjack Gluten	Fruit ice lolly	Strawberry mousse Milk with crushed meringues Egg Milk & raspberry sauce	Jam roly poly Gluten Milk Sulphur Dioxide Egg with custard Milk	Donuts Soya Milk Gluten Egg Sesame



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