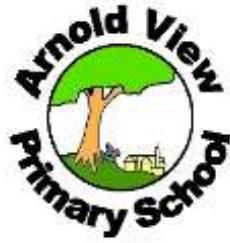


# Arnold View Primary School



**Aspire Believe Achieve**

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6<sup>th</sup> June 2025

Dear Parents and Carers

## **Sex and Relationship Education (RSHE) – Year 5 & 6**

As a part of your child's education at Arnold View Primary School, we aim to promote personal wellbeing and development through a comprehensive taught programme of Relationships, Sex and Health Education (RSHE) that gives children the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

This term, in RSHE, Year 5 will be learning about the changes that will occur during puberty. This includes learning about the physical changes that happen to the body during puberty and naming the sexual external parts of the body and internal reproductive organs; learning about the menstrual cycle and learning about the emotional changes that happen during puberty.

Year 6 will be learning about the physical and emotional changes of puberty; the biology of conception and how a baby develops in the womb and is born.

The government have made this aspect of RSHE statutory for schools, except the biology of conception and how a baby develops in the womb and is born. Therefore, should you wish your Year 6 child not to take part in these lessons, please inform their class teacher.

If you would like to view the material we will be using and make an informed decision about these lessons, please let me or your child's class teacher know via dojo/school office and we will contact you for a convenient time.

Kind Regards

Miss Johnston  
Year 6 Teacher

