

# Yr1 In RSHE we are learning about...

## Healthy and Happy Friendships

### Key vocabulary

- **Friend** - a person who we like
- **Friendly** - a way of behaving towards someone we like
- **Kind** - a way of acting towards another to make them feel welcome.
- **Unkind** - a way of acting towards another to make them feel upset.
- **Welcoming** - behaving in a polite or friendly way
- **Happy** - feeling or showing pleasure
- **Sad** - feeling or showing displeasure
- **Share** - taking it in turns



### Sticky knowledge

- Friendships are important to make us feel happy and secure.
- Characteristics of friendship include: mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences, supporting others.
- Healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.
- That I can ask others for help when I feel lonely and excluded.



### Links to previous learning

- We built respectful friendships in F2
- We thought about the feelings of others
- We worked, played and took turns.



### Aspirations

- Nurse
- Carer
- Teacher
- Retail assistant



### Characteristics needed for this topic:

- Co-operation
- Inclusiveness
- Listening and communicating