

In RSHE we are learning about...

Healthy and Happy Friendships

Key vocabulary

- **Friend** - a person who we like
- **Values** - things that are important to you
- **Qualities** - something that makes a person or a thing different from others,
- **Difficulty** - something that is hard to deal with or understand.
- **Compromise** - come to an agreement by understanding both sides
- **Communication** - exchange information by talking or acting
- **Boundaries** - the limits and rules we set for ourselves within relationships
- **Permission** - allowing someone to do a particular thing



Sticky knowledge



MY PERSONAL AREA



- The qualities of a good friendship
- That people have and make values which are important when making and maintaining friendships
- We are responsible for maintaining positive friendships.
- We can work through difficult situations we find ourselves in and resolve issues positively.
It is important to communicate within friendships
- We are responsible for maintaining positive friendships.
- Everyone has their own personal boundaries and it is important to respect others
- Everyone's bodies belong to them and we are all in charge of our own bodies.

Links to previous learning

- We learnt about saying no
- We have learnt about happy friendships
- We have learnt how to share worries



Aspirations

- Nurse
- Carer
- Teacher
- Retail assistant



Characteristics needed for this topic:

- Co-operation
- Inclusiveness
- Listening and communicating