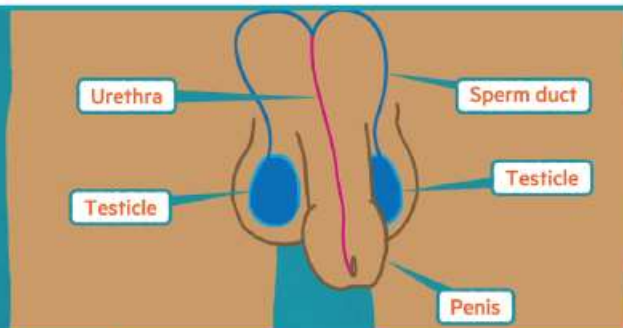


Year 5 - Safety and the changing body

Genitals

The external sex organs. The word genitals is used for both males and females.



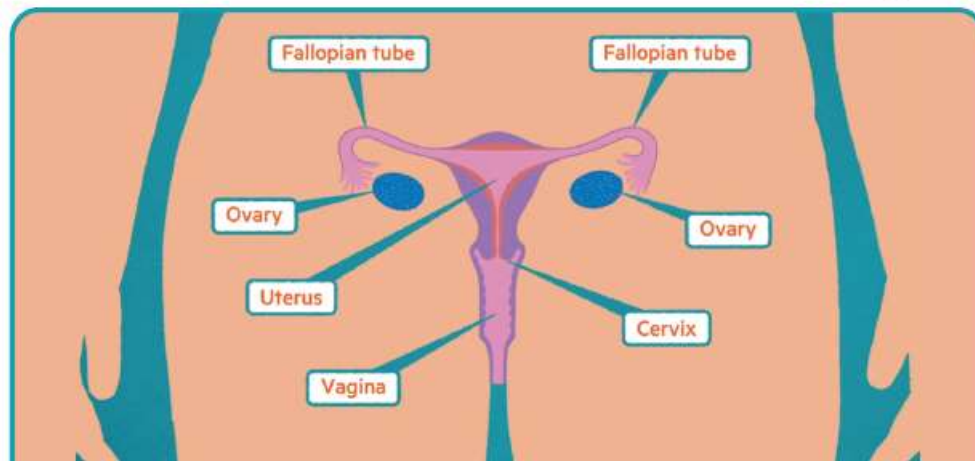
| | |
|--------------------|---|
| Erection | When a male's penis becomes hard and upright. |
| Ejaculation | When the penis becomes erect and sperm come out of the body. |
| Penis | The male external sex organ. |
| Scrotum | The pouch which hangs behind the male's penis and contain the testes. |
| Sperm duct | The tube sperm travels through. |
| Testicles / testes | Produce sperm and male sex hormones. |
| Wet dreams | Ejaculation which happens when a boy is asleep. |

Key concepts

We might not know people we meet online as well as those we have met in person. So we need to be careful with the information that we share with them.



Our feelings and emotions also change during puberty.



| | |
|-----------------------|---|
| Breasts | Enlarged soft parts of a female's chest which produce milk for a baby. |
| Menstruation / period | The shedding of the womb/uterus lining each month which causes bleeding. |
| Ovary / ovaries | On each side of the womb and release eggs each month. |
| Vagina | The tube inside a female which connects the womb to the outside. |
| Fallopian tube | The tube which connects the ovaries to the womb/uterus. |
| Labia | The folds of skin on the external female genitals (vulva). |
| Nipples | On the chest of males and the breasts of females. In females, a baby can suck milk from the nipple. |
| Uterus / womb | The place in a female where a baby grows during pregnancy. |
| Vulva | The external female sex organs. |