

Arnold View Primary School – PE Long Term Plan

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
EYFS	Circle Games Yoga	Dance Yoga	Ball skills Apparatus	Dance Apparatus	Tennis Apparatus	Team Games Apparatus
NEXT LEVEL SPORTS KS1 (cycle 1)	Invasion Football	Sports Hall Athletics	Health and Fitness	Large Ball Skills	Multi skills Throwing and Catching	Striking and Fielding Tri Golf
KS1 Teachers (cycle 1)	Multi Skills Fundamentals	Net and Wall Tennis	Outdoor and Adventurous Activities OAA	Floor Gymnastics	Dance	Racket Skills
NEXT LEVEL SPORTS KS1 (cycle 2)	Multi skills Throwing and Catching	Sports Hall Athletics	Health and Fitness	Attacking and Defending	Net and Wall Tennis	Striking and Fielding Cricket
KS1 Teachers (cycle 2)	Multi skills Fundamentals	Multi skills Large Ball skills	Outdoor and Adventurous Activities OAA	Apparatus	Dance	Athletics
NEXT LEVEL SPORTS KS2 (cycle 1)	Invasion Tag Rugby	Invasion Handball	Health and Fitness	Net and Wall Tennis	Outdoor and Adventurous Activities OAA	Striking and Fielding Golf
KS2 Teacher (cycle 1)	Invasion Basketball	Athletics	Invasion Lacrosse	Floor Gymnastics	Dance	Striking and Fielding Rounders
NEXT LEVEL SPORTS KS2 (cycle 2)	Invasion Football	Invasion Handball	Health and Fitness	Net and Wall Volleyball	Outdoor and Adventurous Activities OAA	Striking and Fielding Cricket
KS2 Teacher (cycle 2)	Invasion Netball	Athletics	Invasion Hockey Swimming	Apparatus Swimming	Dance Swimming	Athletics Swimming

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Lunch Club	Girls Football	Boys Football	Girls Football	Boys Football	Girls Football	Boys Football
NLS After School Club	Year 5 / 6 Multi sports	Year 1 / 2 Multi sports	Year 3 / 4 Multi sports	NO CLUB SCHOOL FOOTBALL	NO CLUB SCHOOL FOOTBALL	TBC
Additional Clubs						
TEACHER CLUBS						
Competitions	KS1 Football 5/6 Tag Rugby 5/6 Basketball	KS1 indoor Athletics	5/6 Handball KS2 SEN dodgeball 4/5 Girls Basketball	3/4 Handball 4/5 Futsal	3/4 Cross Country 5/6 Lacrosse	4/5 Tennis KS2 Tri Golf KS1 Outdoor Athletics