



Aspire Believe Achieve
Ready Respect Safe

Arnold View Primary School

RSHE Policy

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| Name of school: | Arnold View Primary School |
| Policy adopted on: | November 2025 |
| Date of next review: | November 2026 (or sooner in response to updates) |
| The name of the Governing body committee that will review and monitor the impact of the Policy/Guidance/Toolkit and content annually with the head teacher | Curriculum |
| Locations this policy can be accessed: | Office Z drive Website |

1. Policy Purpose & Scope

This policy aims to establish the school's approach to delivering Relationships, Sex and Health Education (RSHE) in line with DfE statutory guidance (effective from 1 September 2026.) It applies to all pupils (Key Stages 1–2), staff, governors, and stakeholders. The policy integrates statutory Relationships Education, plus Health Education components, under a unified RSHE framework.

2. Legal & Statutory Framework

Complies with Relationships Education, RSE & Health Education statutory guidance (updated 2025). Supported by: Education Act 2002; Equality Act 2010 (including protected characteristics).

3. Aims & Objectives

The policy ensures pupils: Gain age-appropriate understanding of relationships, bodies, health, safety, consent, and ethics. Understand online and off-line safety, including risks like scams, pornography, AI deepfakes, sextortion. Learn to name body parts accurately to recognise misuse or abuse. Recognise and manage everyday emotions; understand grief, loss, resilience, and mental wellbeing normalcy. Understand protected characteristics and inclusive relationships (including same-sex families) in factual, age-appropriate ways.

4. Curriculum Content

- A. Relationships & Families (KS1–KS2): Family types, friendships, respectful interactions, consent basics. Introduction to consent & personal boundaries.
- B. Health & Mental Wellbeing: Emotional literacy, physical health, hygiene, puberty preparation.
- C. Online Safety & Harms: Online scams, AI risks, privacy.
- D. Personal Safety & Safeguarding: Road, rail, water safety; sexual harassment definitions; reporting unsafe behavior.
- E. Loss & Bereavement: Awareness of change and grief.
- F. Equality & Protected Characteristics: Diversity, sexuality, gender reassignment.

RSHE is taught using a scheme from Kapow. To view lessons, please contact RSHE lead.

5. Teaching Approach & Delivery

At Arnold View, we use age-appropriate, inclusive, and sensitive pedagogy using safeguarding frameworks (KCSIE 2025). We allow the children safe discussion environments and teachers receive RSHE training, especially around new content on online harms, emotional health, identity, and legal definitions.

6. Parental Engagement & Right to Withdraw

Parents are consulted during RSHE policy reviews and curriculum updates. Parents may view all curricular materials, including those from third-party providers. While school does not allow parental veto, concerns are addressed collaboratively. No contracts will inhibit transparency or sharing of materials.

Parents maintain the right to withdraw their children from the non-statutory Sex education aspect of RSHE which is taught towards the end of year 6. There is no legal right to withdraw children from any other aspect of the RSHE curriculum.

7. Staff Training & CPD

Regular CPD ensures staff are confident teaching new content on AI/deepfake awareness, online harms, emotional literacy, and legal definitions.

8. Monitoring & Evaluation

This policy and curriculum is reviewed at least annually in consultation with parents and governors. The RSHE lead will audit RSHE delivery, resources, and effectiveness on a termly basis. Feedback from pupils, parents, and staff is used to refine content and teaching methods.

9. Policy Approval & Review

This policy was drafted by the RSHE lead with input from SLT, governors, safeguarding team, parents, and pupils.

Reviewed November 2025

Next Review November 2026

Signed by Chair of C&S Committee _____